

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Ron DeSantis
Governor

Scott A. Rivkees, MD
State Surgeon General

Vision: To be the **Healthiest State** in the Nation

11/06/20 COVID19 Update - Gulf County

Snapshot: 10/22-11/05

Positivity during this timeframe: 6%

Positive tests this timeframe: 45

Total tests this timeframe: 698

Deaths reported this snapshot: 0

Positivity = # of people who test positive in a week divided by all the people tested that week. Excludes people who have: previously tested positive, and all positive and negative inmate tests.

State
Positivity: 6%
(as of 11/06)

Median Age
in Gulf: 46

Ongoing County Totals:

Unduplicated positive tests (rapid antigen and PCR): 978

Positive inmates: 264

Positive long term care (staff and residents): 40

Overall hospitalizations: 55

Total deaths: 15

Total Tests: 6,837

For the full county COVID-19 profile report please visit:

http://ww11.doh.state.fl.us/comm/_partners/covid19_report_archive/cases-monitoring-and-pui-information/county-report/county_reports_latest.pdf

Available hospital bed capacity, including ICU capacity in neighboring counties, can be found using this link.

<https://bi.ahca.myflorida.com/t/ABICC/views/Public/HospitalBedsCounty?:isGuestRedirectFromVizportal=y&:embed=y>

Summary of cases associated with schools:

http://ww11.doh.state.fl.us/comm/_partners/covid19_report_archive/school-reports/schools_latest.pdf

For Daily Gulf County COVID-19 Updates straight to your phone: text GULFCOVID to 888777

Florida Department of Health in Gulf County: 850-227-1276

Florida Department of Health in Franklin County: 850-653-2111

There is also a hotline available at **866-779-6121** or email COVID-19@flhealth.gov.

Follow the [CDC.gov](https://www.cdc.gov) website for the latest guidance on COVID-19 and check out [Floridahealth.gov](https://www.floridahealth.gov) to keep up with state-specific updates.

WHAT YOU'LL FIND IN TODAY'S UPDATE:

- Gulf County COVID-19 Profile Report (see link above)
- Updated County Health Department Message (see below, page 2)

A MESSAGE FROM YOUR COUNTY HEALTH DEPARTMENT

In December we will issue our last COVID19 update, however we're here to help our community navigate through these difficult times. For daily updates, data, and local counts check out [Florida's COVID-19 dashboard](#). For questions about COVID-19 testing, including scheduling appointments and requesting results, please call our local office in Franklin at (850) 653-2111 or in Gulf at (850) 227-1276.

Get your Flu Shot! The Centers for Disease Control and Prevention (CDC) recommends everyone six months and older get a flu vaccine every year. This year, the CDC underscores that flu vaccine is more important than ever to protect yourself and the people around you, and to help reduce the strain on health care systems responding to Covid-19. For more information, go to <http://www.floridahealth.gov/newsroom/2020/09/090920-flu-prevention.article.html>

QUARANTINE/ISOLATION FACTS

The quarantine period is important. We need close contacts to a positive case to quarantine for 14 days from the date of their exposure to the positive individual. Getting a test that is negative during the quarantine period does not stop the clock. We have seen many individuals develop infection on the second week of quarantine, so it is really important to stay quarantined for the full 14-day period. Household quarantine can be a little more stretched since it can be very difficult for a positive individual to properly isolate from everyone else. If you live in the same household as a positive case unable to properly isolate, you need to quarantine while the person is sick and once this individual is no longer infectious, that's when your quarantine 14 period will start.

I tested positive for COVID19. When can I be around others (no longer infectious)? If you tested positive for COVID19, you need to stay at home and isolate per the guidance provided by public health officials. If you think or know you had COVID-19, and had symptoms, you can be with others after at least 10 days since symptoms first appeared AND at least 24 hours has passed with no fever without fever-reducing medication AND symptoms have improved. If you tested positive for COVID-19 but had no symptoms, you can be with others after 10 days have passed since your test. If you develop symptoms after testing positive, follow the guidance above that includes fever and symptoms improving. Follow this link to stay tuned on updates: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

CLOTH FACE COVERS/MASK

Why wear the mask in public?

Answer: My cloth face covering protects you. Your cloth face covering protects me. Although not a 100% guarantee, the use of masks has been proven using actual case investigations to dramatically reduce the spread of the virus. People who are infected can spread the virus before they develop symptoms or in the absence of symptoms. Wearing a cloth face covering may help prevent the spread of the virus by people who are infected and do not know it. Use of cloth face coverings continues to be a recommendation long-term prevention measures such as vaccines are being developed.

Cloth face coverings do not replace other protective measures. CDC still recommends that you stay at least 6 feet away from other people (social distancing), wash your hands frequently, and avoid touching your eyes, nose, and mouth....and your face covering. Cloth face coverings should not be placed on children under age 2.

If you or someone you love needs a cloth mask, please call 850-340-3016.

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain, especially in areas of significant community-based transmission.

TESTING

If you suspect you might have COVID19, please do not travel here. Please get a COVID19 test (nasal swab for active infection) in your community and know your results before you arrive. Stay home when you are sick and follow CDC guidelines. Visitors are also responsible for helping to keep our communities safe and healthy.

Call your health care provider first or if you are symptomatic to determine the need for testing. If a person thinks they have COVID-19, they should call their health care provider before going to their office so the provider can take precautions to prevent exposing other people. In some cases, they are going to meet you in the parking lot. It's just a precaution. We are really trying to keep our healthcare workers safe. Other patients safe. Review your signs, symptoms and travel history with your physician. Your provider is going to evaluate you for possible causes and rule out other respiratory illnesses (ex. Flu) before testing for COVID-19.

COUNTY HEALTH DEPARTMENT EXPANDED TESTING PLAN

Florida Department of Health in Gulf County will provide FREE COVID-19 testing in Port St. Joe and Wewahitchka. Please call (850) 227-1276 to make an appointment.

COVID-19 REINFECTION

Available information from the CDC shows immunity for 90 days. There are no confirmed reports to date of a person being reinfected with COVID-19 within 3 months of initial infection.

A person who has had and recovered from COVID-19 may have low levels of virus in their bodies for up to 3 months after diagnosis. This means that if the person who has recovered from COVID-19 is retested within 3 months of initial infection, they may continue to have a positive test result, even though they are not spreading COVID-19. Meaning, they are no longer infectious to others. However, additional research is ongoing.

Therefore, if a person who has recovered from COVID-19 has new symptoms of COVID-19, the person may need an evaluation for reinfection, especially if the person has had close contact with someone infected with COVID-19. The person should isolate and contact a healthcare provider to be evaluated for other causes of their symptoms, and possibly retested.

More information can be found here: https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fstrategy-discontinue-isolation.html

MENTAL HEALTH

COVID-19 have you feeling STRESSED/ANXIOUS/DEPRESSED/UNSURE? NEED SUPPORT? CALL 850-270-8911, available 9-5pm EST. If you are in need of immediate mental health services call one of the agencies below available 24/7:

- National Suicide Prevention Hotline: 1-800-273-TALK (8255)
- SAMSA Disaster Helpline: 1-800-985-5990 or text TalkWithUs to 66746 or the Crisis Text Line: Text "HOME" to 741-741
- Florida Blue launched a 24-hour, free emotional support helpline for all Floridians. Any Floridian – even if uninsured or insured by another plan – can call 833-848-1762 for support in managing feelings of stress, anxiety, grief or fear related to the COVID-19 pandemic. Counselors cannot provide information on COVID-19 testing or treatment.
- Big Bend Community Based Care oversees a wide network of community partners in the fields of mental health counseling, substance use disorder treatment and child protective services throughout an 18-county area in Northwest Florida, from Escambia to Madison counties. Florida residents can call the agency's hotline at 1-888-95-GetHelp or 1-888-954-3843 at any time, day or night, and staff a member

will help connect them to a provider in their community, regardless of whether they have health insurance. For more information about Big Bend Community Based Care, visit BigBendCBCGetHelp.org.

SUPPORTING CHILDREN THROUGH THE COVID-19 PANDEMIC

COVID-19 has upended children's daily lives, resulting in added stress and uncertainty. Studies show that adversity during childhood, including adversity stemming from natural disasters, can have lasting impacts on children's social emotional health. Fortunately, families can take steps to support and protect children's emotional well-being during the COVID-19 crisis. For more information visit the Nat'l Institute for Children's Health Quality site at [Article: Supporting Children's Health During and After the COVID-19 Pandemic](#)

FINANCIAL ASSISTANCE:

GULF COUNTY COVID-19 RELIEF FUND

If you or someone you know has been financially impacted by COVID-19, the Coronavirus Aid, Relief, and Economic Security (CARES) Act may be able to help. The Gulf County Board of County Commissioners through the Gulf County S.H.I.P Program has received Corona Virus Relief Funds. Contact Apalachee Regional Planning Council at 850-448-6211 x 113 or go to http://gulfcounty-fl.gov/county_government/s_h_i_p to fill out an online application. For additional information and qualification guidelines AND to submit the completed application, contact Amber Zies at (407) 310-0198 or at azies@arpc.org or Donald Morgan at (256) 458-0232 or at dmorgan@arpc.org.

GULF COUNTY HURRICANE HOUSING RECOVERY PROGRAM

Were you a victim of Hurricane Michael? Do you need repairs to your home, or could you benefit from a one-bedroom mobile home? Is the income for your household very low? Contact the Gulf County SHIP Program at 850-229-6125 or visit: http://gulfcounty-fl.gov/county_government/s_h_i_p, look for the Hurricane Housing Recovery Program-Phase 3 Application.

RURAL DEVELOPMENT

There are several resources available for rural residents and business coping with the impact of COVID-19. Please visit the Rural Development Coronavirus Response page: <https://www.rd.usda.gov/coronavirus>

REEMPLOYMENT ASSISTANCE

We encourage any Floridian whose employment has been negatively impacted as a result of COVID-19 to visit FloridaJobs.org and click on Reemployment Assistance Service Center to learn more about the program and watch a short video on how to apply. Click [here](#) for a direct link to instructions on how to apply for Reemployment Assistance. Select the hyperlink to download and view the [Reemployment Assistance Resource Guide](#).

If you can't apply by email you can pick up a paper application and submit it by mail. Below is the following pick up locations for paper applications in Gulf County. For more information call 850-229-1641.

- Port St. Joe – CareerSource, 401 Peters St.

For information regarding assistance with utilities, rent/mortgages, food pantries, and other local disaster assistance, visit <https://www.211.org/>

CATHOLIC CHARITIES-GULF/ FRANKLIN COUNTIES:

Financial Emergency/Hardship: 850-763-0475

LOCAL UPDATES:

FOOD PANTRY LOCATIONS

- 2nd and 4th Tuesday of the Month-WIG Community Center, 401 Peters St., Port St. Joe
- Farm Share distribution will be twice a month, November 9th and 23rd at 4:00pm. Drive-thru pick up on a first come, first serve.
- Second Harvest of the Big Bend: 2nd Saturday of each month from 9:30-11:30, Honeyville Community Center, 240 Honeyville Park Road. (3 family per vehicle limit – all families do not have to be present to receive food. Please, no children.

PLEDGE TO PROTECT:

Coronavirus doesn't take a vacation, but it does travel. We know many businesses in Gulf County are stepping up to protect their employees and their staff. It hasn't been easy for them. They've survived Hurricane Michael and are now operating their business through a pandemic. Many have taken extra measures to protect their employees and customers. This deserves recognition and we are asking our businesses in Gulf County to take the Pledge to Protect!

Visit Pledge to Protect at <https://www.visitgulf.com/pledgetoprotect/>



What is Pledge to Protect?

Pledge to Protect is a voluntary program in which Gulf County tourism businesses commit to clean and healthy standards for their guests and employees to prevent the spread of COVID-19.

By taking the Pledge to Protect, businesses are committing to:

- Proper Use of Personal Protective Equipment
- Routine Cleaning and Disinfecting of Surfaces and Equipment
- Practicing Social Distancing and Minimized Contact
- Enforcing Any Sick Employees to Stay Home

Special thanks to the Gulf County Tourism Development Council for the creation of the logo, webpage and incentive promotion design and support. This project has been approved by the Gulf County Board of County Commissioners.

HEALTH DEPARTMENT

The Franklin and Gulf County Health Departments will resume full clinic services. This includes annual physical exams, well woman exams, Florida Breast and Cervical Cancer Early Detection Program, and other routine appointments. Some services will continue to be done curbside or over the phone to decrease unnecessary exposure. Please call 850-227-1276 to schedule an appointment! **Please do not bring visitors with you to your appointments.**

GOVERNOR UPDATES:

To see ALL of Gov. DeSantis Executive Orders regarding COVID-19, visit: <https://www.flgov.com/covid-19/>

STAY INFORMED:

To get the latest information, visit [FloridaHealth.gov](https://www.floridahealth.gov) and follow on Social Media:

Florida Department of Health: [Twitter @HealthyFla](https://twitter.com/HealthyFla) -or- [Facebook Florida Department of Health \(DOH\)](https://www.facebook.com/FloridaDepartmentofHealth)

Gulf/Franklin County Community Health Improvement Partners: [Facebook Gulf/Franklin County Community Health Improvement Partners](https://www.facebook.com/GulfFranklinCountyCommunityHealthImprovementPartners)