

If you're ready to quit tobacco Help is **FREE!**

Class Schedule

Gulf County *Tools to Quit*

Wewahitchka Medical Center
255 W River Rd. Wewahitchka, FL

First **TUESDAY** of every month.

5:30-7:30 PM CST

To register call 850-224-1177

or email

jlewis@bigbendahec.org

- **FREE** - Nicotine Replacement Patches, Gum and Lozenges*
- **FREE** - Community, worksite, and clinic groups offered
- Covers all forms of tobacco

** While supplies last and if medically appropriate.*

IQuit with AHEC is the in-person option of Tobacco Free Florida's 3 Free & Easy Ways to Quit. Call to Register.



www.ahectobacco.com

Toll free 877.848.6696